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Der Pharmacia Lettre, 2012, 4 (3):1027-1037  
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## Evaluation of toxicological and adverse effects produced by losartan

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### ABSTRACT

*Losartan is a specific angiotensin II receptor antagonist. Although the teratogenic effects of angiotensin converting enzyme (ACE) inhibitors are well documented there are limited reports of losartan induced fetal toxicity. The authors report a case of incomplete ossification of skull bones, transient oliguria and feed intolerance in a newborn following in-utero exposure to losartan. Losartan, an angiotensin II receptor antagonist, is widely used for the treatment of hypertension. Clinical experience with this drug has demonstrated that it is safe Losartan-induced hepatic toxicity is extremely rare. We report a case of severe hepatic toxicity and fibrosis caused by losartan use, and we review four previously reported cases. Drug-induced hepatic injury may be seen during the treatment of hypertension by losartan and the clinician should be aware of this toxicity, especially during the initial phase of treatment. The author has made a humble effort by this project work to bring it to the notice of the clinical people about the various adverse reaction organ toxicities produced by Losartan and thereby promoting pharmaco vigilance in clinical scenerio.*

**Keywords:** Losartan, Thyrotoxicosis, Phaeochromocytoma, Primary' hypertension

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### INTRODUCTION

An adverse reaction has been defined by the world health organization as any response to a drug which is noxious, unintended and occurs at doses used in man for prophylaxis, diagnosis or therapy. Adverse drug reactions are an important cause of morbidity and mortality.[2] They are responsible for a considerable number of hospital admissions and significantly increase health costs. Important predisposing factors to adverse drug reactions include extremes of age, polypharmacy, intercurrent disease and genetic factors[3]. Mechanisms of reactions may be pharmaceutical, pharmacokinetic or pharmacodynamic. All drugs are capable of producing adverse effects and whenever a drug is given risk is taken. The magnitude of risk has to be considered along with magnitude of expected therapeutic benefit in deciding whether to use (or) not to use a particular drug for a given patient.

#### Predictable (Type A) reactions

These are qualitatively normal but augmented responses to drugs, such as bradycardia with a  $\beta$  adreno receptor blocker or hypoglycaemia with a sulphonyl urea.[4] Many type A reactions are due to a property of the drug which is unrelated to its primary therapeutic effect, such as gynaecomastia with cimetidine (or) dry mouth with phenothiazines.

These are usually predictable from the pharmacology of a drug. They are generally dose-dependent and although they are relatively dose-dependent common they don't generally cause serious illness.[5]

## TOXICOLOGICAL STUDIES OF LOSARTAN

### 1. Losartan induced fetal toxicity

Losartan is a specific angiotensin II receptor antagonist. Although the teratogenic effects of angiotensin converting enzyme (ACE) inhibitors are well documented there are limited reports of Losartan induced fetal toxicity.[6] The authors report a case of incomplete ossification of skull bones, transient oliguria and feed intolerance in a newborn following in-utero exposure to Losartan .

### 2. Effect of experimental renal failure of the pharmacokinetics of Losartan in rats.

Aim:

The purpose of this investigation was to determine whether the pharmacokinetics of the angiotensin II receptor antagonist Losartan is altered in renal failure.

Male Wistar rats were pretreated with uranyl nitrate or subjected to bilateral ureteral ligation to produce acute renal failure (ARF). Saline-injected and sham-operated rats, respectively, served as controls. Uranyl nitrate-treated rats showed significantly higher serum concentrations of Losartan after oral administration and the area under the serum concentration-time curve (AUC(0-24)) of Losartan increased about 3-fold compared to control rats.

The systemic clearance of Losartan significantly decreased from 410 $\pm$  254 ml/h/kg in control to 177 $\pm$  112 ml/h/kg in uranyl nitrate-treated rats. In order to investigate the mechanisms of reduced clearance of Losartan associated with ARF, a hepatic microsome fraction was prepared from normal and ARF rats. No significant difference was found in the metabolism of Losartan by hepatic microsomes prepared from ARF and control rats. In addition, the metabolic activity of microsomes was examined in the presence of uremic rat serum. The unbound clearance of Losartan and the unbound clearance associated with the formation of EXP3174 in the presence of uremic serum were significantly lower than those in the presence of control serum. Furthermore, the metabolism of Losartan was inhibited by indoxyl sulfate, a uremic toxin, in an uncompetitive manner.

### 3. Losartan -induced hepatic injury

Losartan, an angiotensin II receptor antagonist, is widely used for the treatment of hypertension. Clinical experience with this drug has demonstrated that it is safe. Losartan-induced hepatic toxicity is extremely rare. We report a case of severe hepatic toxicity and fibrosis caused by Losartan use, and we review four previously reported cases. Drug-induced hepatic injury may be seen during the treatment of hypertension by Losartan and the clinician should be aware of this toxicity, especially during the initial phase of treatment.

## ANGIOTENSIN ANTAGONISTS

### Losartan

On June 1998 Losartan was introduced into the market in India for the treatment of hypertension. Losartan is described chemically as 2-butyl-4-chloro-1-[[2'-(1H-tetrazol-5-yl) [1,1'-biphenyl]-4-yl]methyl]-1H-imidazole-methanol, monopotassium salt. It is freely soluble in water. The empirical formula of Losartan C<sub>22</sub>H<sub>23</sub>ClN<sub>6</sub>O•K and molecular weight is 461.0 and the structure is as follows. It is a competitive antagonist of AII devoid of partial agonistic activity and 10,000 times more selective for AT<sub>1</sub> than AT<sub>2</sub> receptor; does not block any other receptor or ion channel. It blocks all overt actions of AII viz. vasoconstriction, central and peripheral sympathetic stimulation, release of aldosterone and ADR from adrenals, renal actions promoting salt and water reabsorption, central actions like thirst, vasopressin release and growth promoting actions on heart and blood vessels. No inhibition of ACE or potentiation of bradykinin has been noted.[7]

## TOXICOLOGY

### Acute Toxicity

The oral LD<sub>50</sub> of Losartan potassium in male is 2248 mg/kg (6744 mg/m<sup>2</sup>). Significant lethality was observed in rat and rats after oral administration of 1000 mg/kg (3000 mg/m<sup>2</sup>).

## ANIMAL TOXICOLOGY

### Carcinogenesis

Losartan potassium was not carcinogenic when administered at maximum tolerated dosage levels to rats and rat for 105 and 92 weeks, respectively. These maximum tolerated dosage levels provided respective margins of systemic exposure for Losartan and its pharmacologically active metabolite over that achieved in humans treated with 50 mg of Losartan of approximately 270 – and 150- fold rats 45 – and 27- fold in rat.

## MATERIALS AND METHODS

### 1. Preparation of the drug solution

Losartan was found freely soluble in water. Hence 0.1% of drug solution was prepared (100 mg of drug in 100 ml of water).

### 2. Acute toxicity study in albino rats to monitor

#### (a) LD<sub>50</sub> determination :-

Animal used :- Albino rat

Weight :- 150 –200gm.

#### Procedure

The acute toxic method is a step wise procedure with 3 animals of a single per step. Depending on the mortality and / or moribund status of animals on the average 2-4 steps necessary to allow the judgement on the acute toxicity of the test substance[8]. This procedure results in the use of minimal number of animals while allowing for acceptable data based scientific conclusion.

The method was defined dose ( 500, 1000, 2000, 3000, 4000, mg/kg body weight) and the results allows a substance to be ranked and classified according to the Globally Harmonized systems (GHS) for the classification of chemical which cause acute toxicity.

Thirty male wister rats weight 150-200gm was used for study. The starting dose level of Losartan was 4000 mg/kg body weight. As most of the Losartan posses LD<sub>50</sub> vaule more than 2000 mg/kg. Dose volume was administered 0.5ml/10gm body weight to the rat which was fasted over night with water ad *libitum*. Food was withheld for a further 3-4 hours after administration of the drug.

#### 2. (b) Gross behavioral studies

After IP administration of compounds to groups of 6 rat each the animals were observed for gross behavioural effects. The animals are observed continuous for 3 hours after administration of the compound then every 30 minutes for next 3 hrs and finally after 24 hours. CNS stimulation is judged by increased spontaneous motor activity (SMA), Piloerection, exophthalmous, clonic and (or) tonic convulsions, CNS depressions, Judged by reduced SMA, sedation, crouching, catalepsy and autonomic effects like piloerection, urination, defecation, salivation, lachrymation etc.

#### 2 (c) Histopathological changes

At the end of the acute toxicity study, the animals were killed by stunning liver, Kidney, brain lungs and heart were identified and examined for macroscopic changes. These organs were preserved in 10 % formalin dehydrated with ascending grade of ethylacohol, embedded in paraffin wax, sliced on a rotary microtoma stained with haemotoxylin and eosin and histomorophological features were examined.

### 3. Sub-acute toxicity study in albino-rats to monitor

#### a. Bio-chemical changes

##### Sub – acute toxicity

##### Animal model

Twelve, random bred, male albino rats weighing 150 – 200 gms were caged and maintained on standard laboratory diet adlibitum.

#### Group I- control group (Total no of rats –6)

All the rats were fed vehicle (0.9% Nacl saline). For 15days in the calculated volume.

#### Group II- Drug treated group (Total no of rats –6)

a. Consists of 6 rats and were treated with Losartan (0.1mg/kg) (Dose equivalent to therapeutic dose of Losartan daily intraperitonelly for 5 days.

b. Consists of rats and were treated with Losartan (0.2mg/kg) (Dose equivalent to 2 times that of the therapeutic dose of Losartan ) daily intraperitoneally for 6-10 days.

c. Consists of 6 rats and were treated with Losartan (0.4mg /kg ) (Dose equivalent to 4 times that of the therapeutic dose of Losartan ) daily intraperitoneally for 11-15 days. All animals were given measured amount of food and water daily. Period of study was 15 days. During the study, body weight and food intake were measured. Blood was collected at the end of 15<sup>th</sup> day and estimations of serum alkaline phosphatase, Bilirubin, SGOT, SGPT were determined and compared with those of control animals.[9]

### 3. (a) Bio-chemical Studies

#### Collection of blood for the various estimations

Blood was collected for individual rats by retro orbital bleeding.

#### I. ESTIMATION OF ALKALINE PHOSPHATE LEVEL

##### Principle

Serum ALP hydrolyzes disodium phenyl phosphate into phenol and disodium hydrogen phosphate at pH 10.0. The phenol so formed reacts with 4-Aminoantipyrine in alkaline medium in presence of oxidizing agent Potassium ferricyanide to form a red coloured complex whose absorbance is proportional to the enzyme activity.

##### Procedure

1ml of working Buffered substrate add 3ml of Deionized water and incubate for 3 minutes at 37°C. And add 0.1ml of serum incubate for 15 minutes at 37°C. After that 2ml of coloured reagent mix well and measure the absorbance at 510nm.

#### II. ESTIMATION BILIRUBIN

##### Principle

Bilirubin reacts with diazotized sulfanilic acid in acidic medium to form azobilirubin, a purple colored complex whose absorbance is proportional to Bilirubin concentration. Direct Bilirubin, being water soluble is allowed to react with diazotized sulfanilic acid in the absence of an activator, while for total Bilirubin (Direct & Indirect) the diazotization is carried out in the presence of an activator.

##### Procedure

Take 2 clean dry test tube labeled as T1, T2. And add tube reagents one by one i.e Diazo-A 1ml, Diazo-B 0.1ml Activator 1ml Distilled water 2.5 ml in T1, 2.6ml in T2 and serum 0.2ml mix well and read the absorbance at 540nm.[9]

#### III. ESTIMATION SGOT

##### Principle

SGOT catalyzes transfer of amino group from L-alanine to  $\alpha$ - ketoglutarate with formation of oxaloacetate & glutamate. The oxaloacetate so formed, is allowed to react with 2,4 DNPH to produce 2,4 dinitro phenyl hydrazones derivative which is brown colored in alkaline medium. The absorbance of this hydrazone derivative is correlated to SGOT activity by plotting a calibration curve using pyruvate standard.[10]

##### Procedure

0.5ml of Buffered substrate is incubate at 37°C for 3 minutes and add 0.1 ml of serum mix well and incubate at 37°C for 60 minutes. Then add 0.5ml of DNPH colour reagent and 5ml of working sodium hydroxide mix well and allow 10 minutes and measure the absorbance at 505 nm.

#### IV. ESTIMATION OF SGPT

##### Principle

SGPT catalyzes transfer of amino group from L- alanine to  $\alpha$ - ketoglutarate with formation of pyruvate & glutamate. The pyruvate so formed, is allowed to react with 2,4 DNPH to produce 2,4 dinitrophenyl hydrazone derivative which is brown coloured in alkaline medium. The absorbance of this hydrazone derivative is correlated to SGPT activity by plotting a calibration curve using pyruvate standard.

##### Procedure

0.5ml of Buffered substrate is Incubate 37°C for 3 minutes and add 0.1ml of Serum and incubate at 37°C for 30 minutes and add 0.5ml of DNPH color Reagent, 5ml of Working sodium Hydroxide mix well and allow to stand at room temperature for 10 minutes and measure the absorbance on spectrophotometer at 505nm.

### 4. CARDIOVASCULAR EFFECTS OF LOSARTAN

#### 4.1 Isolated frog Heart Preparation.

##### Experimental workdone

Isolated frog heart preparation.

Requirements

**Animal :** Frog

**Weight :** 150-200 gm

**Physical solution:** Frog Ringer solution

**Procedure**

Isolated frog heart preparation was put up using symes cannula. Losartan was added into the preparation in doses of 5 $\mu$ , 10 $\mu$  and their effects recorded. Losartan (40 $\mu$ ) was repeated against after the administration of propranolol (20 $\mu$ ) and the results discussed.

**5.2 Effect on perfused blood vessels of frog****Requirements**

**Animal :** Frog

**Weight :** 150-200gm

**Physiological solution :** Frog Ringer solution

**Procedure:**

Dissected the frog and ligated one branch of aorta and carried out cannulation in the second branch of the aorta and perfused frog ringer solution through it. Made a cut in the inferior venacava, and inserted the venous cannula in the opposite direction of the heart. Normal outflow of perfusate was recorded through the venous cannula. Adjusted the flow of perfusion to 20 drops per minute by a screw clip administered at different concentration through the rubber tube attached to the venous cannula. After administration of the drug the volume of perfusate coming out from inferior venacava after 0.5, 1.0, 1.5, 2.0 minutes for 3 minutes were measured.

The drug were given in the following manner

|               |                 |          |                |
|---------------|-----------------|----------|----------------|
| Adrenaline    | 10 $\mu$ g / ml | Losartan | 100 $\mu$ g/ml |
| Acetylcholine | 50 $\mu$ g / ml | Losartan | 300 $\mu$ g/ml |
| Nitroglycerin | 1%              | LosarTan | 400 $\mu$ g/ml |

**RESULTS AND DISCUSSION****1. ACUTE TOXICITY STUDY IN ALBINO RAT TO MONITOR****LD<sub>50</sub> DETERMINATION**

Animal Used : Albino rat  
 Weight : 150 – 250gm  
 Route of Administration : Intra peritoneal route  
 Drug : Losartan

**TABULATE COLUMN -1**

| Groups | No.of animals | Body weight | Concen-tration dose (mg/kg) | Log dose | Dead /Total | % of death | % of correction | Probit value |
|--------|---------------|-------------|-----------------------------|----------|-------------|------------|-----------------|--------------|
| I      | 6             | 200         | 500                         | 2.7      | 0/6         | 0          | 4.17            | 3.27         |
| II     | 6             | 210         | 1000                        | 3        | 2/6         | 33.3       | 33.3            | 4.56         |
| III    | 6             | 210         | 2000                        | 3.30     | 3/6         | 50         | 50              | 5.00         |
| IV     | 6             | 190         | 3000                        | 3.48     | 5/6         | 83.3       | 83.3            | 5.41         |
| V      | 6             | 200         | 40000                       | 3.60     | 6/6         | 100        | 95.83           | 6.71         |

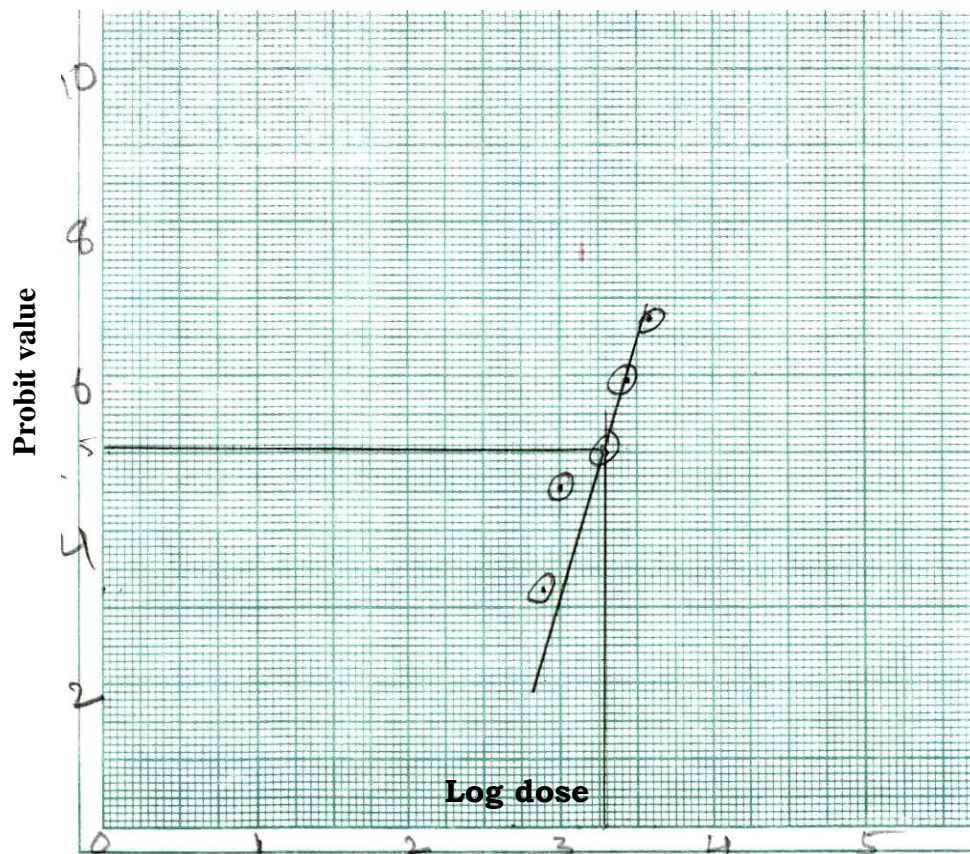
$$\text{Correction:- } 0\% = \frac{100 \times 0.25}{N} = 4.17$$

$$100\% = 100 \left( \frac{n - 0.25}{n} \right) = 95.83$$

$$\text{LD}_{50} = \text{Antilog}(3.29) = 1949.85 \text{ mg/kg.}$$

**LD<sub>50</sub> DETERMINATION**

Animal used : Albino rats  
 Weight : 150 – 200 gm  
 Route of administration: Intraperitoneal Route



LD<sub>50</sub> dose = antilog of (3.29) = 1949.85 mg/kg

**2. SUB- ACUTE TOXICITY STUDY IN ALBINO –RATS****Losartan Induced Sub- Acute Toxicity****15 Days Study****Body Weight**

Animals Used : Albino Rats  
 Weight : 150-200gm  
 Drug : Losartan  
 Route of Administration : Intra peritoneal route.  
 Dose of Losartan : 1mg/kg (therapeutic dose)

1/10 the of the LD<sub>50</sub> dose

- (i) ⇒ 0.1mg/kg (therapeutic dose)
- (ii) ⇒ 0.2 mg/kg ( 2 times of the therapeutic dose)
- (iii) ⇒ 0.4 mg/kg ( 4time of the therapeutic dose)

**TABULATE COLUMN – 2 (a)****Losartan Induced Sub- Acute Toxicity Study****15 Days Study****Body Weight (Control)**

| S. No. | Groups                 | Treatment Schedule                               | Mean body weight (Before treatment) | Mean body weight (After treatment) |
|--------|------------------------|--|-------------------------------------|------------------------------------|
| 1.     | Control<br>(6 animals) | <u>Given on first day</u><br>0.1mg/kg            | 170 gm<br>169 gm                    | 174 gm<br>176 gm                   |
|        |                        | <u>Given on 6<sup>th</sup> day</u><br>0.2 mg/kg  | 171 gm<br>172 gm                    | 175 gm<br>177 gm                   |
|        |                        | <u>Given on 11<sup>th</sup> day</u><br>0.4 mg/kg | 168 gm<br>169 gm                    | 173 gm<br>174 gm                   |
|        |                        |  | Mean = 170 gm                       | Mean = 175 gm                      |
|        |                        |  |                                     |                                    |
|        |                        |  |                                     |                                    |

**TABULATE COLUMN – 2 (b)****Losartan Induced Sub – Acute Toxicity Study****15 Days Study****Body Weight (Losartan Treated Animals)**

| S. NO. | Groups                                     | Treatment Schedule                           | Mean body weight (Before drug treatment) | Mean body weight (After treatment) |
|--------|--|--|--|------------------------------------|
| 2.     | Losartan<br>Treated animals<br>(6 animals) | <u>Given on first day</u><br>0.1 mg/kg       | 175 gm<br>174 gm                         | 179 gm<br>181 gm                   |
|        |  | <u>Given on first day</u><br>0.2 mg/kg       | 174gm<br>177gm                           | 180 gm<br>182 gm                   |
|        |  | <u>Given on 11<sup>th</sup> day</u><br>mg/kg | 173gm<br>174 gm                          | 179 gm<br>178 gm                   |
|        |  |  | Mean = 175 gm                            | Mean = 180 gm                      |
|        |  |  |  |                                    |
|        |  |  |  |                                    |

**3. SUB- ACUTE TOXICITY STYDY IN ALBINO RATS TO MONITOR****a. Biochemical Changes****Tabulate Column**

| S. No. | Enzyme               | Group   | After 15 days the estimated level of Alkaline phosphatase                              | Meam ± SEM       | Significance            |
|--------|----------------------|---------|--|------------------|-------------------------|
| 1.     | Alkaline Phosphatase | Test    | 149.0 KIU/L<br>152.3 KIU/L<br>154.8 KIU/L<br>150.0 KIU/L<br>153.6 KIU/L<br>150.0 KIU/L | 151.3<br>± 0.93  | P < 0.001<br>'t' = 23.2 |
| 2.     | Alkaline Phosphatase | Control | 120.4 KIU/L<br>125.8 KIU/L<br>123.6 KIU/L<br>121.1 KIU/L<br>123.4 KIU/L<br>124.5 KIU/L | 122.67<br>± 0.81 |                         |

**1. ALKALINE PHASHATASE**

For t = + 23.2 at 5degrees of freedom p < 0.001 therefore there is a highly significant increase in serum phophatase levels in rats.

**Direct Bilirubin**

| S.No. | Enzyme           | Test    | After 15days the estimated level of bilirubin | Mean $\pm$ SEM     | Significance           |
|-------|------------------|---------|---|--------------------|------------------------|
| 1.    | Bilirubin Direct | Test    | 0.24<br>0.26<br>0.25<br>0.28<br>0.29<br>0.27  | 0.27<br>$\pm$ 0.79 | p < 0.5<br>'t' = 0.875 |
| 2.    | Bilirubin Direct | Control | 0.16<br>0.18<br>0.20<br>0.23<br>0.21<br>0.19  | 0.20 $\pm$ 0.01016 |                        |

**2.a Direct Bilirubin**

For t= 0.875 at 5 degrees of freedom at p< 0.5 therefore there is a significant decrease in serum direct biliurbin levels in rats.

**Total Bilirubin**

| S. No. | Enzyme          | Group   | After 15 days the estimated level of bilirubin                             | Mean $\pm$ SEM     | Significance            |
|--------|-----------------|---------|--|--------------------|-------------------------|
| 1.     | Bilirubin Total | Test    | 0.49 mg %<br>0.53 mg %<br>0.47 mg %<br>0.50 mg %<br>0.51 mg %<br>0.54 mg % | 0.51 $\pm$ 0.01016 | p < 0.05<br>'t' = 2.335 |
| 2.     | Bilirubin Total | Control | 0.35 mg %<br>0.39 mg %<br>0.37 mg %<br>0.40 mg %<br>0.41 mg %<br>0.43 mg % | 0.39 $\pm$ 0.0116  |                         |

**2.(b)** For t = 2.335 of 5 degrees of freedom at p<0.05 their for is a significant increase in serum total bilirubin levels in rats.

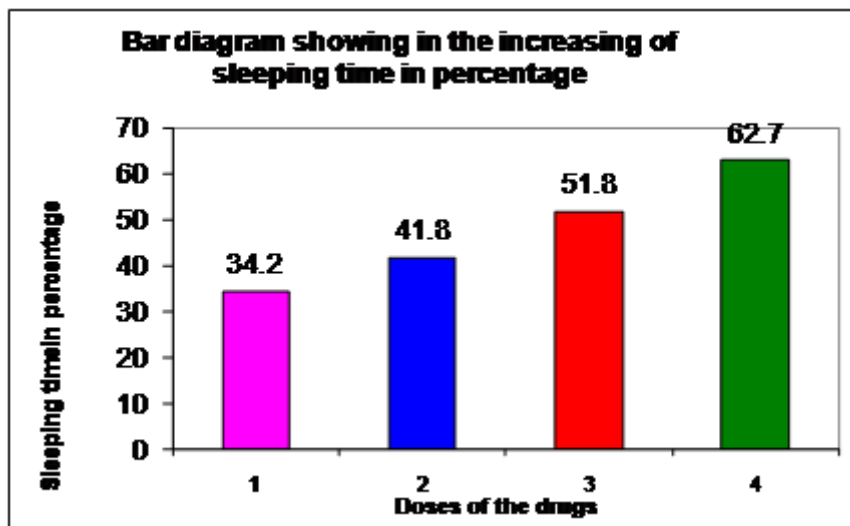
**Sleeping time with diazepam**

| Group | Drugs  | Mean $\pm$ SEM   |
|-------|--|------------------|
| 1     | Control saline (0.1ml)<br>+<br>Diazepam (2 mg/100gm) | 34.2 $\pm$ 0.75  |
| 2     | Losartan (0.1 ml)<br>+<br>Diazepam ( 2mg/100gm)      | 41.8 $\pm$ 0.89  |
| 3     | Losartan (0.2 ml)<br>+<br>Diazepam (2mg/100gm)       | 51.8 $\pm$ 0.914 |
| 4     | Losartan (0.4 ml)<br>+<br>Diazepam (2mg/100gm)       | 62.7 $\pm$ 0.915 |



**BAR DIAGRAM SHOWING IN THE INCREASING OF SLEEPING TIME IN PERCENTAGE**

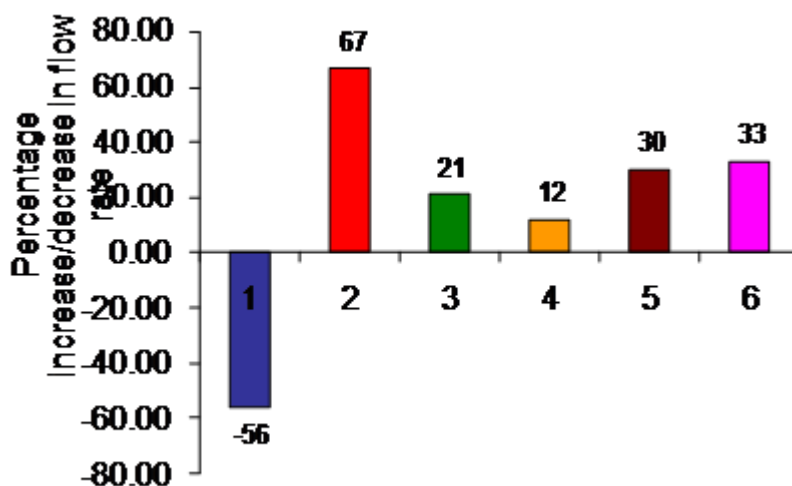
Animals : Albino rats  
 Control : 6 rats  
 Drug treated : 6 rats  
 Route of Administration : Intra peritoneal route



- 1 - Saline (0.1ml) + diazepam (2mg/100gm)
- 2 - Losartan (0.1ml) + diazepam (2mg/100gm)
- 3 - Losartan (0.2ml) + diazepam (2mg/100gm)
- 4 - Losartan (0.4ml) + diazepam (2mg/100gm)

**PERCENTAGE INCREASE/DECREASE IN FLOW RATE BY DIFFERENT DRUGS IN PERFUSED BLOOD VESSELS OF FROG**

Animal used : Frog  
 Weight : 150-200 gm  
 Physiological solution : Frog Ringer Solution  
 Drum speed : 0.25 mm/sec



- 1. Adrenaline - 10µG/ML
- 2. Acetylcholine - 50µG/ML
- 3. Nitroglycerine - 1%
- 4. Losartan - 100µg/ml
- 5. Losartan - 200µg/ml
- 6. LOSARTAN - 400µG/ML

## DISCUSSION

Losartan is one such selective antagonist of angio tensin II receptor introduced in market in 1998 for the treatment of hypertension[1]. But of late, there have been stray reports of Losartan an hepatotoxicity, cardiovascular toxicity fetal toxicity, renal toxicity. The present study is detailed investigation into the adverse effects and toxicity of Losartan in experimental animals.

### Acute toxicity study

Acute toxicity study reveals that the LD<sub>50</sub> dose of Losartan was found to be 2000 mg/kg.

### Histopathological study

Control group of all animal showed normal histology.

The morphological feature of liver shows haematological necrosis.

i.e. change in central vein and mild fatty damage, perilobular hepato cellular fatty damage, sinusoidal dilation.

Losartan does not appear to be nephrotoxic, since it does not cause any morphological changes in the kidney.

### Sub-acute toxicity study

Determination of the toxicity potential of a drug is very important before a drug is used in human. Though Losartan has come into market after its usual toxicity testing there are some recent clinical reports about is hepatotoxicity.

Hence conducted 15 days sub-acute toxicity studies in albino rats using 3 different doses of Losartan administered intra peritonially on a daily dosing schedule.

### Drug-interaction studies

The sleeping time of diazepam with Losartan is increased in the drug treated group compared with that of control group due to the enzyme inhibition. The sleeping time is increased it reveals with the pharmaco kinetic study.

### Effect of Losartan on isolated frog heart

The normal recording of the heart was recorded with a heart rate of 68. The Losartan in doses of 5 $\mu$ , 10 $\mu$  and 40 $\mu$  all produced cardiac arrhythmia due to myocardial stimulation. The Losartan in a dose of 40 $\mu$  was repeated after propranolol (20 $\mu$ ). The arrhythmia produced by Losartan could not be controlled by propranolol (refer graph). Therefore it implies that Losartan's stimulant effect is not mediated through  $\beta$  receptor and may be it directly stimulate the myocardium so as to produce arrhythmia.

## CONCLUSION

After the introduction of any new drug in the market we keep hearing about various adverse effects reported from different parts of the world during post marketing surveillance. A thorough experimental toxicological study of the same drug with experimental animals may throw light upon the possible ADRS likely to develop during human use in clinical practice.

So the investigator felt this kind of work could be encouraged as a part of pharmacological research.

The author is firmly convinced that the Losartan if exceeded in dose may lead to toxicities particularly haepatotoxicity.

Moreover the drug inhibits microsomal enzymes. Therefore we must be careful when prescribing this drug with other drugs in order to avoid drug interaction phenomenon involving microsomal enzymes.

It has been proved the drug has produces cardiac arrhythmia in excess dose and upon repeated administration and Losartan is likely to produce vasodilatory effect also which is one of the criteria for its antihypertensive effects.

The author has made a humble effort by this project work to bring it to the notice of the clinical people about the various adverse reaction organ toxicities produced by Losartan and thereby promoting pharmaco vigilance in clinical scenerio.

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